

TRUST BUILDING

The Trust Building tool is designed to help improve levels of trust in a team to increase sharing, mutual regard, forthrightness, and spontaneous interaction, while decreasing caution, cover-up, and defensiveness.

How the Trust Building Tool Works

- Step 1** Identify team members and clarify your purpose as a team.
- Step 2** Work individually to identify your personal preferences of working as is relevant to most of your work with this team.
- Step 3** One-by-one share your identified preferences with no interruptions, but clarify for understanding before the next team member shares.
- Step 4** After all team members have shared their preferences, collectively discuss what you heard. Commit to the changes necessary for highest team performance.

Our Styles

	Your name:	Name of team member #1:	Name of team member #2:	Name of team member #3:
Preferred method of communicating:				
Preferred method of receiving feedback:				
Preferred method of making decisions:				
Best working hours:				
Hot Buttons:				
Talents:				

	Name of team member #4:	Name of team member #5:	Name of team member #6:	Name of team member #7:
Preferred method of communicating:				
Preferred method of receiving feedback:				
Preferred method of making decisions:				
Best working hours:				
Hot buttons:				
Talents:				

Our Commitments (to honor individual/team preferences)

Other Areas to Explore for Enhanced Teamwork: